



**The DREAM Program, Inc.**

P.O. Box 361  
Winooski, VT 05404  
(802) 655-9015 tel  
(802) 654-8598 fax  
[www.dreamprogram.org](http://www.dreamprogram.org)



## **Instructions**

### **“A New DREAMer!” and “DREAM Kids!” Surveys**

Hey there...

Thanks for helping us DREAM Incers with this evaluation. The “A New DREAMer!” survey is designed to help everyone (mentors, parents, DREAM Inc., etc.) get to know our kids better and provide us with information to make DREAM even better!

The surveys should take about 20 minutes or so to fill out. The “A New DREAMer!” survey should be seen by both you and your partner as a “getting to know you” conversation. The “DREAM Kids!” survey is meant to be given to our kids near the end of spring so that we can track their progress and learn more about them as they grow... and hopefully improve what we are all doing.

It is important that the children are given the survey away from other children who may distract or influence the responses. It is ok to let the children know that they are important questions for DREAM and that they should think about their answers and be completely honest!

Since the children may not be able to easily read the items on whichever survey themselves, or may not be especially motivated to complete the survey on their own, we are asking each mentor to help facilitate this process, one-on-one, with their partner.

We recommend that for partners who are 10 years or younger, it is probably easiest to read the survey aloud to your partner, and record the answers that s/he tells you. For older children, if they are able to reasonably read the survey, it is fine to have them read the survey silently, and encourage them to ask you for help if there is anything they can not read, or have questions about. For older children with more limited reading ability, we urge you to read the survey aloud.

For the “open-ended items,” where we are asking for children to write, it is fine if they simply wish to tell you, and have you record their responses, word for word, on the survey sheet. We often find that children are happier telling things, than writing it down themselves. However, if they prefer to write it down themselves, that is fine too.

For the rating scales, we have attached a sample sheet that you can do with your partner, before s/he fills out that section. The sample sheet will help your partner understand the nature of the rating scale, and how to choose between yes/no answers.

When your partner is filling out the actual rating scales, you may find that you will need to read each item aloud as s/he reads along, and then your partner can circle whichever answer is most accurate. Be sure that your partner is filling out the right row for each item. It is a common mistake to start filling out an answer in row above or below the actual item.

Thanks so much... this survey will help continue to make DREAM the most kick butt program ever.  
DREAMin...

The DREAM Inc. Crew



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## “Sounds Like Me” Sample Ratings

Here are a couple statements that someone might say describe what he’s/she’s like as a person. For each of the statements, we want you to think about whether or not that sentence sounds like something you’d say about yourself.

For example, let’s say you one of your favorite things to eat is chocolate ice cream. And the statement says, “I love chocolate ice cream.” Would you say that sounds “A lot like me”, “A little like me”, or “Not at all like me”? Right, “A **lot** like me.” That’s what you would circle. “A lot like me” – that has the “YES” (now circle item).

Now, let’s say that one of your favorite things to do for fun at home is to play games. And there’s a statement that says, “I really hate playing games.” Would you say that sounds “A lot like me”, “A little like me”, or “Not at all like me”? Right, “**Not at all** like me.” That’s what you would circle. “Not at all like me” – the one with the big “NO” (now circle item).

Things about me:	YES, a lot like me	SORT OF, a little like me	NO, not at all like me
I <u>love</u> chocolate ice cream.	YES	SORT OF	NO
I really <u>hate</u> playing games.	YES	SORT OF	NO

\*Important Tip: when filling out your actual ratings, make sure that you are filling out the right row for each sentence, and **not** circling an answer in the row above or below by mistake. You may want to run your finger along each row, to make sure that everything lines up.



## DREAM Kids! (Middle through High School)

DREAM Site:

Name of Mentor:

Age: \_\_\_\_\_ years

Today's Date:

Name of Child:

Boy/Girl?"

**Instructions:** We would like you to take a moment and think back to when school started this year (right before DREAM started in the fall). Since then, how would you describe how things have been going? We will not tell anyone what you said without asking for your permission.:

	Doing Better	About the Same	Doing Worse
<b>Self-Confidence</b>			
I do things that are important to me.			
I talk about my feelings with adults.			
I know how my behavior affects me and other people.			
I have things I enjoy doing (like reading, playing sports, or playing music).			
I am hopeful about my future.			
<i>Answer if in high school:</i> I know where to find information about jobs or college.			
<b>Connection</b>			
I have at least one adult that I trust and talk to.			
I get along with my family.			
I am able to make and keep friends my own age.			
I get along with adults who are not in my family.			
I don't put people down who are not like me.			



**DREAM Kids!, cont.  
(Middle through High School)**

	Doing Better	About the Same	Doing Worse
<b>Competence</b>			
I like going to school and what I learn there.			
I use school resources, like the library and guidance counselors.			
I am involved in organized after-school activities.			
I use community resources, like the library, sports teams, or going to church/synagogue.			
I earn good grads in school, or have started to make better grades.			
I work to earn money (doing things like chores, baby-sitting, or working in a store).			
I am excited to share my own experiences in school.			
<b>Contribution</b>			
I help other people without getting paid (such as volunteering in the community).			



**DREAM Kids!, cont.  
(Middle through High School)**



**Other**

My greatest strength or, in other words, the best thing about myself is:

What do you like most about being in DREAM?

Describe for me what you thought was the most special thing you did in DREAM this past year.

If you had to describe DREAM to another kid who didn't know anything about it, what would you say DREAM is?

One thing I learned about myself, by being in DREAM, was that:

If I could change one thing about DREAM to make it better, I would:



## DREAM Kids!, cont. (Middle through High School)



Here are some statements that someone might say to describe what he or she is like as a person. For each of the statements, think about whether or not that sentence sounds like something you'd say is important to you...

<b>Things about me:</b>	YES, a lot like me	SORT OF, a little like me	NO, not at all like me
It is important to me to graduate from high school.	YES	SORT OF	NO
It is important to me to go to college.	YES	SORT OF	NO
It is important to me to have a job that pays well.	YES	SORT OF	NO
It is important to me to be healthy.	YES	SORT OF	NO
It is important to me to help other people.	YES	SORT OF	NO
It is important to me to have good friends that I can count on.	YES	SORT OF	NO
It is important to me to travel and visit places outside of my town, and even outside of Vermont.	YES	SORT OF	NO