

Here is some information for high school mentors to know looking forward to in their FIRST year of Guided Mentoring for High School Youth.

You will commit 3 hours over the course a week during regular group meeting times, scheduled one to one meetings with your DREAM mentor, and by engaging in village mentoring with elementary school youth. This level of commitment is important to establish your confidence and skills in mentoring, as well as to develop skills that will help you to focus on creating activities in the future. You will be able to work toward your graduation proficiencies for this commitment.

Your time will be focused on curriculum work, mentor training and preparation, and creation of activities in collaboration with your Mentor Guide and the Youth Service Manager working with your school.

While a great deal of your time will be dedicated to training, curriculum, and time with your mentor, you will be engaged with elementary youth early in the year to begin to form bonds and establish yourself as a mentor. You will participate in Village Mentoring with year 2 DREAM students and their mentees to see mentoring in action (*when there is a year 2 at your school*). You will learn a lot by witnessing mentoring relationships in action.

The big focus of the year will be exploring your own ideas, values, and understandings of mentoring, and application of these concepts.

In all aspects of your work you will be supported by your Mentor Guide, Year 2 DREAM mentors (*where possible*), School Advisor(s), and the Youth Service Manager working with them.

An important part of your work this year, especially at the beginning, will be to focus on learning about mentoring, yourself, and establishing yourself as a mentor to an elementary school mentee. You will hold a special place in the life of a mentee through your influence and example. Your mentor training curriculum will prepare you for this journey. You will be supported and have a great time along the way!

As this Guided Mentoring program is focused on levels of growth throughout 2 years with your Guides and mentees, we ask that you prepare yourself to commit to this program for 2 years. As such, High School Seniors will not be asked to participate in year one of Guided Mentoring.

Year 1 of Guided Mentoring for High School Youth will be exhilarating and fulfilling. It will be a year of opportunities and memories. It will be a year for you to shine and for a light to be shined on you for all that you are achieving.

I am excited about an experience with DREAM Guided Mentoring!

- I understand that I am committing my time to DREAM during scheduled hours
- I am making a commitment to an experience that will help me create leadership skills, confidence, and memories.
- I will participate in assessments as assigned by my DREAM Mentor Guide and/or High School Advisor as requested.
- I am committed to being a mentor and a mentee, to guide and be guided, to have fun, to express myself as I feel comfortable, and to be active in my learning.
- I am excited to attend DREAM field trips, retreats, and community events as I am able throughout the year.

My name _____

My signature _____

Today's Date _____