

Here is some information for high school mentors to know looking forward to their FIRST year of Guided Mentoring for High School Youth.

Depending on your program model, you will commit 1.5-3 hours over the course a week during regular group meeting times and by engaging in village and individual mentoring with elementary school youth. This level of commitment is important to establish your confidence and skills in mentoring, as well as to develop skills that will help you with creating experiences and activities for your group and the mentees in the future. Through this you will be able to work toward your graduation proficiencies and/or community service hours.

Your time will be focused on curriculum work, mentor training and preparation, and creation of activities in collaboration with your Mentor Guide and the Youth Service Manager working with your school.

While a great deal of your time will be dedicated to training, curriculum, and time with your DREAM staff, you will be engaged with elementary youth early in the year to begin to form bonds and establish yourself as a mentor. You will participate in Village Mentoring with year 2 DREAM students and their mentees to see mentoring in action (*when there is a year 2 at your school*). You will learn a lot by witnessing mentoring relationships in action.

The big focus of the year will be exploring your own ideas, values, and understandings of relationships and mentoring, and application of these concepts.

In all aspects of your work you will be supported by DREAM staff, Year 2 DREAM mentors (*where possible*), and a School Advisor(s).

An important part of your work this year, especially at the beginning, will be to focus on learning about mentoring, yourself, and establishing yourself as a mentor to an elementary school mentee. You will hold a special place in the life of a mentee through your influence and example. Your mentor

training curriculum will prepare you for this journey. You will be supported and have a great time along the way!

As this Guided Mentoring program is focused on levels of growth throughout 2 years with your mentees, we ask that you prepare yourself to commit to this program for 2 years. As such, high school Seniors are asked not to participate in year one of Guided Mentoring.

Year 1 of Guided Mentoring for High School Youth will be exhilarating and fulfilling. It will be a year of opportunities and memories. It will be a year for you to shine and for a light to be shined on you for all that you are achieving.

Expression of Commitment

I am excited about an experience with DREAM Guided Mentoring!

- I understand that I am committing my time to DREAM during scheduled hours
- I am making a commitment to an experience that will help me create leadership skills, confidence, and memories.
- I will participate in assessments as assigned by DREAM staff and/or a High School Advisor(s) as requested.
- I am committed to being a mentor and a mentee, to guide and be guided, to have fun, to express myself as I feel comfortable, and to be active in my learning.
- I am excited to attend DREAM field trips, retreats, and community events as I am able throughout the year.

My name _____

My signature _____

Today's Date _____