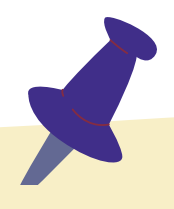


DREAM

Guided Mentoring



Guided Mentoring is a two-tiered approach to peer-to-peer mentoring.

DREAM staff, along with young adult Guides will lead you through a mentor-in-training curriculum to kick off your two year mentoring relationship. You will gain the tools, resources, and confidence to provide mentorship to elementary school-aged youth while being mentored by your Guides. Along with your mentees, you'll explore how your identities intersect with your community and be empowered to create social change - and you'll have a blast doing it!

“DREAM picked me up and taught me the most important lesson of my life: it is perfectly okay to be yourself.”



Why two-tiered, guided mentoring?

Throughout our lives, we are mentors, those who provide guidance to others, and mentees, those who learn from and lean on others. Often we are in both roles. It is important to learn when and why to shift between these two roles, and to explore how you can be and bring your authentic self into your endeavors. Spending meaningful time with peers optimizes the experience.

“DREAM isn't a program; it's an action.”

fun

learning purpose

meaning relationships

opportunities exploration

community teamwork identity

celebration experiences growth

connection



DREAM

Closing the opportunity gap.

DREAM operates with a core value of inclusion and strives to honor and celebrate all participants regardless of race, color, sex, sexual orientation, gender identity, religion, disability, age, socio-economic status, place of residence, veteran status, ancestry, or national or ethnic origin.

Curriculum Overview

Mentorship

Youth will understand the role and purpose of mentoring and develop the skills and confidence to build positive mentoring relationships.

Sense of Place

Youth will identify their community's strengths and areas for growth and learn from community leaders to envision their roles in making their community stronger.

Identity

Youth will understand their positionality and develop skills and abilities to step into various leadership roles.

Meaning & Purpose

Youth will understand how they intersect with their community, developing a strong sense of agency to make social change together.



The Commitment

High School Mentors are expected to participate in the program for two years, beginning with a semester-long class. You will take part in group programming and meet one-on-one with your Guide, totaling about three hours per week.

To honor this commitment, you will have opportunities to develop and demonstrate proficiency in Transferable Skills for graduation.

DREAM builds trusting relationships.

92% of DREAM participants report having people they can trust because of DREAM.



About The DREAM Program

DREAM (Directing through Recreation, Education, Adventure, and Mentoring) was founded in January of 1999 and became a non-profit organization in November 2001. Our aim is to make sure our youth know that they can achieve anything and provide them with the necessary skills to overcome obstacles. Our ultimate mission is to close the opportunity gap for children in low-income housing.



DREAM
Closing the opportunity gap.

Need more info? Contact:

Bruce Perlow
Upper Valley Senior Youth Service Director
bperlow@dreamprogram.org

dreamprogram.org

(802) 338-8979

PO Box 361
Winooski VT 05404